

Dear Clinicians,

With the Psychedelic Renaissance in full swing, and the medical legalization of MDMA and psilocybin coming up the pike, you may have clients who are exploring these medicines and needing to integrate these experiences. If so, you may be interested in this invitation to a 4-day experiential integration retreat with the opportunity to learn about the art of integration through direct experience.

Whether you are a therapist, doctor, nurse, clergy, body-worker, coach or underground guide, this retreat offers you the opportunity of self-care; you will learn

- through your own personal journey
- how to create and hold safe space
- how to meet the non-ordinary states with integrity, sincerity
- how to deeply integrate your and other's experiences

Integration is where the rubber hits the road, where we “grow corn” with non ordinary state experiences. It is often the most neglected of the key three ingredients that research studies employ for best outcomes: Set, Setting and Integration.

Dates: April 11-14, 2023

Venue: Taft Gardens and Nature Preserve

Cost: \$1800

- covers lodging and one healthy meal per day in addition to snacks and coffee/tea.

Lodging: The Pavilion at Taft Gardens has a full kitchen available for preparing your own breakfast items and any other food you may want.

- A limited number of bedrooms will be available as well as open floor space on mattresses in the Pavilion.
- This retreat will have exclusivity rights at Taft Gardens and Nature Preserve so you will be surrounded by the natural world with rich opportunities to connect more deeply to yourself and wild nature.

Offerings:

We will practice the art of integrating non-ordinary states of consciousness through the following experiences:

- Low dose oral ketamine meditation
- Intramuscular ketamine journey
- Breathwork (similar to Holotropic breathwork)
- Shamanic drum journey followed by art process integration

We also offer experiences in movement/somatic integration and deep dives into individual process work facilitated by Cristin and Jennifer.

Registration:

Step 1: [Apply here](#)

Step 2. Upon confirmation of your application, please Venmo the \$200 non-refundable deposit to Cristin-DeVine.

Step 3: Complete your [medical intake](#). This will be a Google Meet session with Dr. Mati. He will review your medical history, discuss Ketamine from a medical perspective, and get to know you. There will be a \$100 charge fee for this medical intake.

*Cancellation policy is 50% of total retreat fee 8-14 days ahead, 25% 3-7 days.

*There will be an *optional* opportunity to deepen your experiential knowledge of integration and ketamine, as well as your personal unfoldment, with a Growth Group made up of participants from these retreats. The Growth Group will meet quarterly (overnight medicine retreat) for a year with a zoom session between to continue the integration work.

Facilitators:

[Cristin DeVine](#) and [Jennifer Allen](#) are licensed clinicians, graduates of the CIIS Certification in Psychedelic Therapy and Research program and students of Andean Cosmology and earth-based practices. Jennifer brings her art therapy to the mix and Cristin brings her experience in wilderness rites of passage and depth psychology, making their offering creative, intuitive and connected to the natural world. Both are trained in and practice Ketamine Assisted Psychotherapy.

Medical Provider:

Dr. Ben Mati will be the medical provider for the ketamine at this retreat. He is an ER and Family Medicine doctor, trained in ketamine therapy (KTC) and has opened a ketamine clinic [Horizon Healing](#) in Ventura, CA.

Local Liaison:

[Brian Stafford,MD, MPH](#) is a depth psychiatrist, wilderness guide, poet, essayist and agent of human and cultural transformation. Previously, he was an academic pediatrician, and an adult, adolescent, child, perinatal and infant psychiatrist with numerous clinical, research, and educational publications as well as many institutional, state, and national awards. He is a graduate of the CIIS Certification in Psychedelic Therapy and Research program.

Please let us know if someone you know is interested. Please don't forward this invitation without permission.

Thank you,
Cristin, Jennifer, Brian and Ben